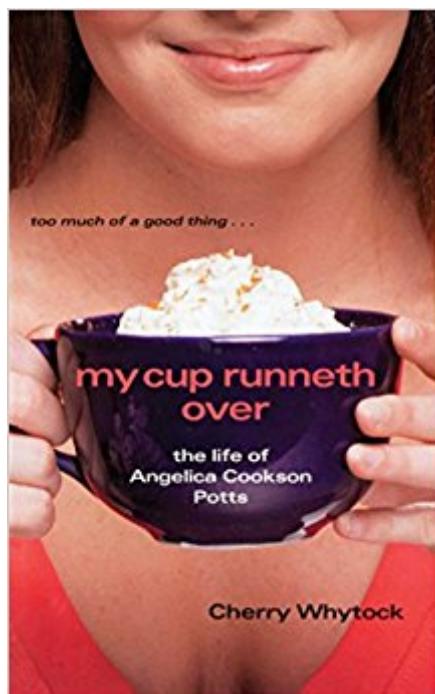


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My Cup Runneth Over: The Life Of Angelica Cookson Potts



Synopsis

I'm, um, LARGE. Yes, "large" just about covers it, although to be quite honest, not many things do -- cover it, I mean. Angelica Cookson Potts, better known as Angel, loves food, both cooking it and eating it, and plans to be a famous chef someday. But she thinks she's just too big -- her mother is a skinny ex-model, her best friends are all smaller than she is, and she feels like a huge, wobbly whale in comparison. In addition to food, Angel also loves Jamie Oliver (the Naked Chef) and Adam (who doesn't know she's alive). In order to get Adam's attention, she tries making major Life Changes, including a cabbage-only diet that has...well, explosive results. Through it all her best friends, Minnie, Portia, and Mercedes, are there with her, and when the school fashion show comes around, Angel discovers that her size might not be such a bad thing after all. Everyone knows an Angel, and readers will laugh out loud at her take on life. Angel's own recipes are included so that other "foodies" can cook along with her.

Book Information

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Average Customer Review: 4.1 out of 5 stars 10 customer reviews

Best Sellers Rank: #3,465,393 in Books (See Top 100 in Books) #88 in Books > Children's Books > Growing Up & Facts of Life > Health > Weight #1982 in Books > Teens > Literature & Fiction > Social & Family Issues > Self Esteem & Reliance #2803 in Books > Teens > Literature & Fiction > Humorous

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

Grade 7 Up-Angelica Cookson Potts wants to be a chef after she graduates from high school. Like her name, the novel is filled with witty, intentional puns. Angel's room is on the top of her house, aptly referred to as heaven, but her adolescent life is far from perfect. She is taller and heavier than all of her thin, shapely friends. Her used-to-be-a-model mother constantly reminds her to watch what

she eats, and she can't get Adam, the Love of her Life, to notice her. Angel is not one to whine. She knows she needs to make life changes and pokes fun at all that is wrong in her life. The result is a deliciously rich story told with a British accent. Readers of all shapes and sizes will be delighted with the uplifting ending. Eight recipes with Angel's editorial comments on the proper way to enjoy them are sprinkled throughout the book. The bright purple cover with Angel holding a flowery bra will catch readers' eyes. Inside, the comical cartoons of people in her life with her pointed commentaries add to the humor. Like Angel's food, the characters are too delightful for only one serving. Readers will eagerly look for more books about them.

Linda L. Plevak, Saint Mary's Hall, San Antonio, TX

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Gr. 6-9. Like Katie Maxwell's *The Year My Life Went down the Loo* [BKL N 1 03], this breezy British import takes its cue from Louise Rennison's *Georgia Nicolson* series. Unlike Maxwell's novel, which is for slightly older readers, Whytock targets Georgia's core middle-school and junior-high fans with Angel, a Rubenesque 14-year-old whose angst about her bra-defying bosoms (among other things) will send readers into fits of laughter. Between an all-cabbage diet that literally backfires and her passion for eating and cooking, svelteness and confidence seem out of Angel's reach. Help arrives in the form of a new brassiere, which provides the emotional and literal boost she needs to model in a school fashion show and discover that her flaws are all a matter of distorted self-perception. The self-love message isn't subtle, and many readers will find the undiluted Britishness baffling (Angel obsesses over school exams that have no American counterpart). But this is very funny stuff, and Whytock freshens up a potentially trite template with peculiarly British recipes (melted Mars bars?), plus amusingly annotated doodles.

Jennifer Mattson

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I love this book! And it looks brand new and came so quickly! Thank you!

Fourteen-year-old Angelica Cookson Potts, better known as Angel, has the absolute perfect life. She has a wonderful family, even if her Father is a little embarrassing, and her Mother a bit on the bossy side. A fantastic housekeeper, Flossie, who makes utterly divine custard tarts. And a whole crew of amazing friends - Minnie, Mercedes, and Portia - who make her life absolutely wonderful. However, Angel is also big and wobbly, and feels that she reminds people of a whale, what with all of the jiggles on her. And now with the school fashion show quickly creeping up on her, Angel

decides to make a few Life Changes, even if they are a bit drastic. Like dieting non-stop. After all, it's not just for her. Adam, Angel's to-die-for crush, is sure to be at the fashion show, and while there he's sure to realize that she's the one for him. In this hilarious new series starring a British teen who's a bit-round, but filled with tons of wonderful laughter and life, readers are able to finally see life from the perspective of a girl who's a bit larger than most fictional characters. Filled with hilarious misadventures starring a pint-sized Bridget Jones', Angel is sure to become a hit with readers the world over, especially those who enjoy British Chick Lit. Accompanied with wonderful illustrations on almost every page, *MY CUP RUNNETH OVER* is something that absolutely cannot be missed! Erika Sorocco Book Review Columnist for The Community Bugle Newspaper

With her sagging bustline, concerns about the upcoming fashion show at school, and worries about how the Valentine's Day dance will turn out, Angelica Cookson Potts is not having a fun time being fourteen. An aspiring cook, Angel tries to solve her problems with batches of fudge and portions of "dead sophisticated tiny choux pastry puffs," but her attempts prove unsuccessful. Can she ever learn to be truly happy with herself, her life in general, and her cups that runneth over? This book definitely has its funny moments (and even a fabulous fudge recipe included). Any book that makes such excellent use of British slang ("squodged" and "wobbly bits" are among the linguistic gems) has some laugh-out-loud appeal. And "My Cup Runneth Over" is certainly the kind of breezy little read that's great when one just needs a mindless period of relaxation. (...) This book is a little like a plain old Hershey's milk chocolate bar-pretty good when you're eating it but completely forgettable when it's done. If you're a teenage girl looking for a series with punch, grab Ann Brashares' "Sisterhood of Traveling Pants" books or Meg Cabot's "Princess Diaries" set.

When I read this book I was amazed. In this book it portrays the character of a teenager, who's not the thinnest, smartest, or prettiest. But she's got an awesome personality. In the book Angelica Cookson Potts tries several diets, which lead to disasters, and failure. For you see, her mother is an ex-model who's as thin as a stick and Angelica is a little chunky. In the book she discovers she's in love with a guy who ends up to be a total slug. With a fashion show coming up she's worried out of her mind. She doesn't have to model though. She's in charge of the food and seating. When things don't turn out as planned everything changes. All through out the book you meet interesting, weird, and straight out hilarious character's. All with their own personalities. I think that was a strong part of the book. The difference in the characters, and how they all ended up fitting together perfectly. What I didn't like was the mother's character, she was real insensitive to Angelica and that annoyed me.

This book was amazing and did a good job at portraying a character of a teenager.

Angelica Cookson Potts (Angel) has one lament in life. I quoth: "One night, when I was twelve, I went to bed with my teddy bear and my picture of Brad Pitt, as you do, but when I woke up... Whammo. Bosoms." But fortunately her lovely skinny friends Mercedes, Minnie, and Portia, the cook at Angel's house, Flossie, and the family terrier, Stinker, are there to help her out. Yet Angel still finds it hard to live up to her parents' expectations. Her mother, a skinny ex-model, "has always got to make some pooey comment", and her father, who is kind of out of it and calls Angel "Cherub", likes her just the way she is. But soon, a disaster will arrive, and Angel must learn to conquer her fears.

Angelica Cookson Potts, better known as Angel, wants to be a chef when she graduates from high school. Food is her one love, something her stick-thin mother cannot understand. She is larger than all of her friends, and the Love of her Life, Adam, the dishiest boy in school, so she decides to make Major Life Changes. She starts with an all-cabbage diet, which produces rather nasty results. Then she starts going to the gym. But when the fashion show rolls around, she realizes that her size isn't such a bad thing after all. Complete with recipes, this book is about accepting who you are. It is very funny, and readers of all ages and sizes will enjoy it.

From all the things I heard about this book, it sounded like a fun, light, wonderful read. It turned out to be B-O-R-I-N-G!! The plot was good, but the writing was terrible. It was nothing like the great English teen chick-lit I've read (Louise Rennison is amazing, and even Cathy Hopkins is excellent compared to this). The main character, Angel, is overweight, and wants to be skinnier. Sounds like "Girls Under Pressure" and Ellie's dilemma. Her friends are perfect to her... the way Ellie views her friends in the "Girls" Trilogy (now a quartet, I believe) and the way Lucy views her friends in the "Mates, Dates and..." series. Her friend Minnie is amazing at designing clothing. I'm drawing a blank to the exact character, but it's one of the girls from either "Girls" or "Mates, Dates, and..." I think it might be Lucy from "M, D, a..." But still it's a boring read, and I suggest you move on to something more worthwhile!

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My Cup Runneth Over: The Life of Angelica Cookson Potts Catherine Cookson Books 2017
Checklist: Reading Order of Bailey Chronicles Series, Hamilton Trilogy, Kate Hannigan Series, Mallen Trilogy and List of All Catherine Cookson Books (Over 125 Books!) No me llamo Angelica/

My Name Is Not Angelica (Spanish Edition) Chasing the Cup: My America's Cup Journey 4-Step Guide To Choosing A Menstrual Cup: Get Your "Goldilocks Cup" In 5 Minutes Or Less! Student Study Guide for Potts/Mandleco's Pediatric Nursing: Caring for Children and Their Families, 3rd Whatever Happened to Professor Potts? (Usborne Solve It Yourself Series) Southeast Foraging: 120 Wild and Flavorful Edibles from Angelica to Wild Plums (Regional Foraging Series) SUOR ANGELICA VOCAL SCORE ENGLISH ITALIAN NEW ART COVER IL TRITTICO VOCAL SCORE PAPER (IL TABARRO SUOR ANGELICA GIANNI SCHICCHI) EN/IT (Opera Vocal Score Series) IL TRITTICO (TABARRO/GIANNI SCHICCHI/SUOR ANGELICA) FULL SCORE ORIG ARTWORK REVISED ED (Ricordi Opera Full Scores) Il Trittico in Full Score: Il Tabarro / Suor Angelica / Gianni Schicchi (Dover Music Scores) Suor Angelica Vocal Score Sticks Angelica, Folk Hero The Prayers and Personal Devotions of Mother Angelica The Blender Shaker Bottle Recipe Book: Over 125 Protein Powder Shake Recipes Everyone Can Use for Vitality, Optimum Nutrition and RestorationÃ¢â'¬â•for Blender Bottle, Cup & Shaker Bottle with Ball Life by the Cup: Inspiration for a Purpose-Filled Life The Ultimate Book of Dad Jokes: 1,001+ Funny Jokes Your Pops Will Love Telling Over and Over and Over... The Hemlock Cup: Socrates, Athens and the Search for the Good Life The Cup of Our Life: A Guide to Spiritual Growth

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